



TERMAS DE CUNTIS

# Acquaform



## Rates

1 Adult Pass	20 €	1 Child Pass (4-12 years)	12 €
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## Conditions

The passes are valid for a maximum stay of 3 hours and provide access to both the indoor and outdoor thermal pools (featuring counter-current swimming areas, massage jets for the back and feet, waterfalls, swan necks, massage beds, jacuzzis, etc.) and the VITAL CLUB (Finnish sauna, jacuzzi, steam rooms, ice cabin, and relaxation room).

If you stay longer than the allotted time included in your admission, an additional fee will be charged.

To access Acquaform, the following is mandatory:

- Wearing a swim cap
- Wearing non-slip, closed-toe pool shoes
- Wearing a swimsuit in communal areas
- Towel Rental: €2
- Sale of Swim Caps and Pool Shoes

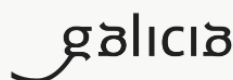
LIMITED CAPACITY: Please make your reservation through the online booking system.

## Opening Hours

Acquaform is open from Monday to Sunday from 10:00 AM to 1:30 PM and from 4:00 PM to 9:30 PM.

The outdoor pool will remain closed one day per month for maintenance purposes.

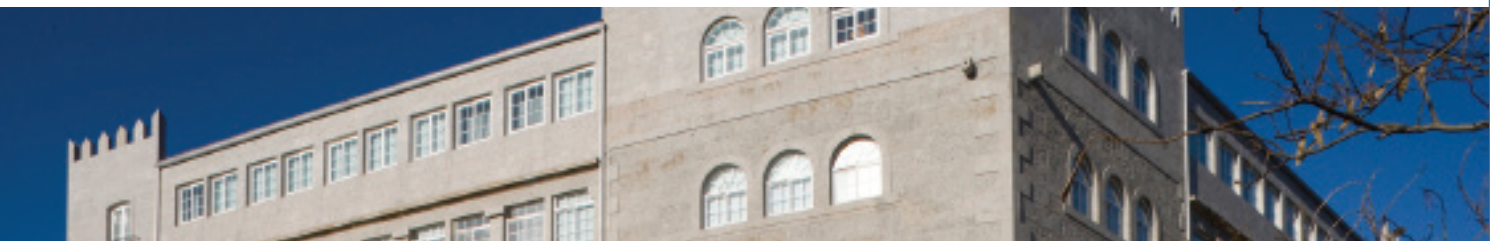
The facility will be closed on the last Monday of each month for maintenance purposes.





TERMAS DE CUNTIS

# Hotel La Virgen\*\*\*\*



## Hotel Rates

Price per person in a Double Room	62 €	Half Board	44 €
Breakfast	10 €	Full Board	57 €

## Rates with Thermal Program (price per person in a double room)

### LOW SEASON

2 Nights H/B	235 €
7 Nights F/B	851 €
11 Nights F/B	1.098 €
14 Nights F/B	1.293 €

### MID-SEASON

2 Nights H/B	257 €
7 Nights F/B	929 €
11 Nights F/B	1.215 €
14 Nights F/B	1.422 €

### HIGH SEASON

2 Nights H/B	286 €	7 Nights F/B	1.126 €
7 Nights H/B	907 €	11 Nights F/B	1.451 €
11 Nights H/B	1.255 €	14 Nights F/B	1.798 €
14 Nights H/B	1.540 €		

**Single Room Supplement: 25%**

**Acquaform Access Surcharge: €10 per person and session (morning or afternoon)**

**LOW SEASON:** January, February, March, April, May, November, December

**MID-SEASON:** June, July, and October

**HIGH SEASON:** August, September, Holy Week, and Holidays

#### These rates include:

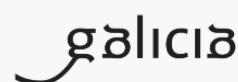
- Accommodation with the chosen meal plan
- Thermal treatment of your choice according to a program of 2, 7, 11, or 14 nights.
  - VAT (Value Added Tax)

#### Children up to 4 years old

- Free with accommodation and breakfast.
- 50% discount on meal plan.

#### Children from 4 to 12 years old

- 25% discount on meal plan.
- Free access to Acquaform when accompanied by an adult





TERMAS DE CUNTIS

# Hotel Castro do Balneario\*\*\*\*



## Hotel Rates

Price per person in a Double Room	67 €	Half Board	52 €
Breakfast	13 €	Full Board	66 €
		Extra Bed	52 €

## Rates with Thermal Program (price per person in a double room)

### LOW SEASON

2 Nights H/B	263 €
7 Nights F/B	929 €
11 Nights F/B	1.215 €
14 Nights F/B	1.422 €

### MID-SEASON

2 Nights H/B	286 €
7 Nights F/B	1.031 €
11 Nights F/B	1.333 €
14 Nights F/B	1.562 €

### HIGH SEASON

2 Nights H/B	324 €	7 Nights F/B	1.226 €
7 Nights H/B	1.058 €	11 Nights F/B	1.596 €
11 Nights H/B	1.378 €	14 Nights F/B	1.972 €
14 Nights H/B	1.692 €		

**Single Room Supplement: 25%**  
**Superior Room Supplement: 10%**

**LOW SEASON:** January, February, March, April, May, November, December

**MID-SEASON:** June, July, and October

**HIGH SEASON:** August, September, Holy Week, and Holidays

#### These rates include:

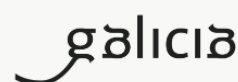
- Accommodation with the chosen meal plan
- Thermal treatment of your choice according to a program of 2, 7, 11, or 14 nights.
  - VAT (Value Added Tax)

#### Children up to 4 years old

- Free with accommodation and breakfast.
- 50% discount on meal plan.

#### Children from 4 to 12 years old

- 25% discount.





TERMAS DE CUNTIS

# Recreational Treatments



## Massage Menu

### Local 28 €

Manual relaxation maneuvers in a localized area of the body.

### Total 51 €

Manual relaxation maneuvers throughout the body from the feet to the neck, except contraindicated areas. Includes facial massage.

### Vichy or Shower 50 €

Sedative manual maneuvers applied under a fine rain projected by several showers distributed along the body.

### Cranio-Facial 28 €

Manual maneuvers on the neck, face, and head with relaxing or aesthetic purposes in problems of dehydration, flaccidity, and others

### Celtic Massage with Hot Stones 60 €

Therapy that combines traditional therapeutic massage with the application of stones at different temperatures on the skin to facilitate the flow of vital energy and relief of physical and emotional disorders.

### Reflexology 32 €

Manual pressure maneuvers on the feet to take advantage of their reflective effects on different organs or parts of the body.

### Semi-corporal 37 €

Legs and back in prone position.

### Partial Lymphatic 31 €

Manual draining and pushing maneuvers with the aim of eliminating toxins and fluids from the body.

### Localized Anti-Cellulite 28€

Deep manual maneuvers in localized areas that favor the breakdown of cellulite nodules or orange peel skin.

### Massage with Bamboo Sticks 45 €

Bamboo stick maneuvers that help eliminate localized fat and cellulite, in addition to providing great muscle relaxation and a significant relief of tension.

### Body Massage 45 €

Manual relaxation maneuvers throughout the body, from the feet to the neck, except contraindicated areas.

### Children 29 €

Relaxing massage for 6 to 12 years old.

### Combined 45 €

Relaxing massage of 2 areas to choose from.

### Massage with Candles 60 €

Relaxing massage performed with the oil from the candle as it melts. Relaxing, invigorating...



TERMAS DE CUNTIS

# Recreational Treatments



## Facial Aesthetics Menu

### Facial Exfoliation 22 €

Promotes cellular renewal.

### Hygiene and Cleansing 57 €

For skin with impurities.

### Purifying Treatment 62 €

Treatments for acne and oily skin.

### Hydrating Treatment 62 €

For dry skin.

### Calming Treatment 62 €

For sensitive skin.

### Oxygenating Treatment 62 €

For dull, lifeless skin.

### Firming Treatment 62 €

For skin lacking tone or flaccidity.

### Anti-Aging Treatment 62 €

For mature skin that begins to lose elasticity.

### Facial Treatment with Collagen Veil 55 €

For dry, tired, mature skin, and also for delicate skin that is easily irritated.



TERMAS DE CUNTIS

# Recreational Treatments



## Body Aesthetics Menu

**Back Cleaning  
in Acne Treatments** 47 €

**Body  
Exfoliation +  
Hydration** 35 €

**Manicure** 24 €

**Pedicure** 28 €

Cuticle and nail cutting, exfoliation, hydration with paraffin and massage, nail polish.

Cuticle and nail cutting, callus removal, exfoliation, hydration and massage with cream, nail polish.

**File and Paint** 12 €

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**Anti-Cellulite Program (1 Day)** 61 €

Aimed at all people of any age who start to notice signs of roughness on the skin or orange peel.  
*Exfoliation, seaweed mask, anti-cellulite massage and cold wraps.*

**Programa Reafirmante (1 día)** 61 €

Aimed at all those who notice the first signs of loss of elasticity due to skin aging or after debilitating diseases.  
*Cryotherapy, exfoliation, circular shower and firming massage.*

**Programa Anticelulítico (1 día)** 61 €

Aimed at people who want to reduce adipose tissue in localized areas.  
*Cryotherapy, seaweed covering, and reducing and remodeling massage.*



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# Recreational Treatments



## Body Aesthetics Menu

### Vinotherapy

82 €

Prevents cellular aging due to its high antioxidant power, moisturizes the skin and tones the muscles. Exfoliation, coating and light massage with purple grape

### Chocolaterapy

82 €

Fights cellulite, obesity, and flaccidity. Draining, relaxing, stress-relieving, and hydrating action. Exfoliation, coating and light chocolate massage.

### Cherry Therapy

82 €

Combats depressive states, detoxifies and remineralizes the skin and strengthens the coronary system due to its richness in minerals such as iron, calcium, and potassium. Exfoliation, coating and light cherry massage.

### Green Tea Body Treatment

82 €

Fights cellulite, has great antioxidant power and rejuvenates the skin. Salt and tea peeling, coating and light green tea massage and light cherry massage.

### Cocoa and Orange Body Treatment

82 €

Antioxidant, moisturizing and depurative treatment. Sugar peeling, coating and light chocolate massage.

### Body Wraps

35 €

#### Algae, Mud, Chocolate, Wine, or Cherry Wrap.

Body wraps of different types aimed at hydrating, remineralizing, and detoxifying. Suitable for anti-cellulite treatments, slimming and stress-relief therapies.



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# Recreational Treatments



## Hair removal

### Hot Wax

Armpits	9 €	Eyebrows	9 €
Superior lip	9 €	Groins	9 €

### Warm Wax

Warm Wax	28 €	Half leg	18 €
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## Others

### Sauna

13 €

Dry heat cabin with a temperature of 80-100°. Indicated in detoxification treatments, muscle contractures, joint conditions, etc.

### Cold bandages

22 €

Application to the lower limbs of bandages soaked in a cryogenic liquid. Indicated in reducing, firming and draining programs.

### Pressotherapy Session

24 €

Mechanical action therapy based on applying pressure on different parts of the body in order to correct alterations in the circulatory system. Especially indicated in reducing and anti-cellulite treatments.

### PRESSOTHERAPY BONUS 5 SESSIONS

96 €





TERMAS DE CUNTIS

# Recreational Treatments



## Acquaform + Treatment

### Welfare

Acquaform, jet and local massage.

53 €

### Water and beauty

Acquaform and personalized facial treatment.

68 €

### Cuntis Relax

Acquaform and vichy massage

59 €



TERMAS DE CUNTIS

# Recreational Treatments



## One-Day Programs

### Back - Lumbago

59 €

Aimed at people with problems of stiffness and contractures in the back.  
*Sauna, Hydromassage Bath, Paraffin and Jet.*

### Skin

63 €

Intended to regenerate, purify and hydrate the skin, thus giving it a healthier appearance.  
*Steam room, body exfoliation, coating, bubble bath, thermal pool and body hydration.*

### Tired Legs

72 €

Designed to improve peripheral circulation and relieve the sensation of heaviness in the lower limbs.  
*Phlebology walkway, dynamic footbaths, bubble bath, static footbaths and cold wraps.*

### Relaxing

77 €

Eliminates tensions of the body and mind. At the end, you feel a pleasant sensation of relaxation and rest.  
*Baño de hidromasaje, peeling facial y masaje corporal*

### Stimulating

88 €

Combination of techniques for the face and body, to look more beautiful.  
*Body peeling, hydromassage bath, general jet and complete massage.*

### Beauty

93 €

Combinación de técnicas para la cara y el cuerpo, para lucir más bello/a.  
*Steam room, body peeling, hydromassage bath and personalized facial treatment.*

### Local Muscle Relaxant

59 €

*Thermal Pool, descontracturing jet, paraffin and local massage.*



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# Recreational Treatments



## One-Day Programs

### Muscle Pain Relief

66 €

*Hydromassage bath, thermal pool, paraffin and partial massage.*

### Discover the Spa

81 €

Combination of different techniques designed for first-time visitors to our facilities.

*Inhalations, steam room, hydromassage bath, thermal pool, jet stream, paraffin and massage bed.*

### Termarium

63 €

Circuit especially designed for couples, created so that different techniques combined with aromatherapy and music therapy can be tried out in the same place.

*Steam room, coatings, thermal bath with relaxing oils, aroma cabin and massage bed.*

### Anti-stress

81 €

Suitable for people with difficulty sleeping, excess activity and physical and mental tensions.

*Sauna or steam room, algae coating, hydromassage bath, partial massage and thermal pool.*

### Deluxe Program

149 €

A complete personalized program combining relaxation and beauty to address everyday tensions (anxiety, insomnia, stress...).

*Hydromassage circuit, therapeutic pressure jet, contrast pediluviums, relax massage, body hydration, revitalizing facial treatment (including Cranio-facial massage) and manicure.*

### Local Relaxation

53 €

*Hydromassage bath, therapeutic jet and local massage.*

### Hydrothermal Circuit

59 €

*Steam room, thermal pool, circular shower, hydromassage bath and contrast pediluviums.*



TERMAS DE CUNTIS

# Therapeutical Treatments



## Hydrotherapy

### Hydromassage Bath 22 €

Full body immersion in a bathtub with water jets at pressure. Indicated for decontracting treatments..

### Bubble Bath 22 €

Full body immersion in a bathtub with air bubble projection. Indicated for circulatory, skin and anti-stress treatments.

### Therapeutic Jet Shower 14 €

A pressurized water jet applied from a distance of 3 to 4 meters. Indicated for decontracting treatments, relaxation and in anti-cellulite and reduction programs.

### Circular Shower 13 €

Shower with several elements in an open circle where the jets are directed towards the center. Sedative or stimulating effects depending on the temperature and water pressure. Hydrotherapy.

### Static Footbaths + Manual Footbaths 12 €

Foot bath where jets at pressure are applied. Indicated for circulation problems if cold water is applied, and for softening and eliminating hardness if hot water is applied.

### Dynamic Footbaths 12 €

Walk-in path with jets at different temperatures to activate and improve circulation.

### Phlebotherapy Path 17 €

Walk inside the therapeutic pool with bubbles. Indicated for pathologies related to circulation return.

### Therapeutic Pool 17 €

Similar to pools for regular use with the difference that its content is exclusively thermal and is equipped with devices for therapies.



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# Therapeutical Treatments



## Thermotherapy

### Mud and Paraffin Application (first application)

16 €

Subsequent applications 11 €

Local applications of mud and paraffin mix at 104–109°F. Indicated for decontracting treatments and localized arthritis.

### Salt Cabin (Halotherapy) 13 €

Natural therapy using micro-particles of salt that reproduces the climate inside salt mines, indicated for the treatment of respiratory diseases such as asthma, bronchiolitis, bronchitis... dermatological conditions like atopic dermatitis and psoriasis, also recommended for stress, fatigue... It is noteworthy that it is beneficial for the beauty and health of the skin.



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# Therapeutical Treatments



## Respiratory

### Respiratory Inhalation 12 €

Inhalations with coarse droplets that facilitate the removal of secretions from the upper respiratory tract (nasal passages).

### Steam Room 13 €

Inhalations of thermal vapors in a collective setting, also indicated for respiratory problems, aiding in the elimination of toxins in slimming and anti-cellulite treatments.

### Nasal Lavage 12 €

### Aerosols 12 €

Inhalations of thermal vapors that facilitate the removal of secretions from deeper areas such as the trachea, bronchi, and bronchioles.

## RESPIRATORY VOUCHERS

7 days 57 €

9 days 64 €

14 days 85 €



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# Therapeutical Treatments



## Therapeutical Treatments

**Children's respiratory  
spring campaign (children  
from 5 to 12 years old)** 150 €

11 days of treatment.

**Children's respiratory  
autumn campaign  
(children from 5 to 12 years)** 150 €

11 days of treatment.

## Rheumatological, Respiratory, Dermatological, Anti-stress Program...

**21 days** 330 €

Can be split to be used twice within  
the same year.

**From 7 to 15 days** 273 €

## Physiotherapy

**Physiotherapy 1/2 session** 34€

**Physiotherapy session** 49€

**Physiotherapy  
voucher for 3 (1/2 session)** 86€

**Physiotherapy  
voucher for 3 sessions** 135€