



TERMAS DE CUNTIS

# Recreational Treatments



## One-Day Programs

### Back - Lumbago

59 €

Aimed at people with problems of stiffness and contractures in the back.  
*Sauna, Hydromassage Bath, Paraffin and Jet.*

### Skin

63 €

Intended to regenerate, purify and hydrate the skin, thus giving it a healthier appearance.  
*Steam room, body exfoliation, coating, bubble bath, thermal pool and body hydration.*

### Tired Legs

72 €

Designed to improve peripheral circulation and relieve the sensation of heaviness in the lower limbs.  
*Phlebology walkway, dynamic footbaths, bubble bath, static footbaths and cold wraps.*

### Relaxing

77 €

Eliminates tensions of the body and mind. At the end, you feel a pleasant sensation of relaxation and rest.  
*Baño de hidromasaje, peeling facial y masaje corporal*

### Stimulating

88 €

Combination of techniques for the face and body, to look more beautiful.  
*Body peeling, hydromassage bath, general jet and complete massage.*

### Beauty

93 €

Combinación de técnicas para la cara y el cuerpo, para lucir más bello/a.  
*Steam room, body peeling, hydromassage bath and personalized facial treatment.*

### Local Muscle Relaxant

59 €

*Thermal Pool, descontracturing jet, paraffin and local massage.*



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## One-Day Programs

### Muscle Pain Relief

66 €

*Hydromassage bath, thermal pool, paraffin and partial massage.*

### Discover the Spa

81 €

Combination of different techniques designed for first-time visitors to our facilities.

*Inhalations, steam room, hydromassage bath, thermal pool, jet stream, paraffin and massage bed.*

### Termarium

63 €

Circuit especially designed for couples, created so that different techniques combined with aromatherapy and music therapy can be tried out in the same place.

*Steam room, coatings, thermal bath with relaxing oils, aroma cabin and massage bed.*

### Anti-stress

81 €

Suitable for people with difficulty sleeping, excess activity and physical and mental tensions.

*Sauna or steam room, algae coating, hydromassage bath, partial massage and thermal pool.*

### Deluxe Program

149 €

A complete personalized program combining relaxation and beauty to address everyday tensions (anxiety, insomnia, stress...).

*Hydromassage circuit, therapeutic pressure jet, contrast pediluviums, relax massage, body hydration, revitalizing facial treatment (including Cranio-facial massage) and manicure.*

### Local Relaxation

53 €

*Hydromassage bath, therapeutic jet and local massage.*

### Hydrothermal Circuit

59 €

*Steam room, thermal pool, circular shower, hydromassage bath and contrast pediluviums.*